

Resource Connection

Summer 2009

Anoka County Human Services Division
Income Maintenance Department

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"The hardest arithmetic to master is that which enables us to count our blessings."

*--Eric Hoffer (1902-1983)
American writer & philosopher*

The Resource Connection is Going Green!

This will be the last delivered issue of the Resource Connection. We have decided to Go Green by making our future Resource Connections available on the web.



The newsletter will be posted at <http://www.anokacounty.us> on a quarterly basis starting with this issue. We will continue to have some printed versions available at Anoka County libraries and Human Services departments.

Future issues will be posted on the website in June, September, December and March of each year. Be sure to check it out for new information and great resources.

There are resources available on the Internet. Don't have internet? Did you know that Public Libraries have free Internet Access?



Anoka County Libraries (find the location nearest you):		
Centennial Branch 100 Civic Heights Circle Circle Pines	Mississippi Branch 410 Mississippi St NE Fridley	Rum River Library 4201 6th Avenue Anoka
Crooked Lake Branch 11440 Crooked Lake Blvd Coon Rapids	North Central Branch 17565 Central Ave NE Ham Lake	St. Francis Branch 3519 Bridge Street NW St. Francis
Johnsville Branch 12461 Oak Park Blvd Blaine	Northtown Library 711 County Road 10 NE Blaine	
Affiliated:		
Anoka County History Center Library 2135 3rd Ave N, Anoka	Columbia Heights Public Library 820 40th Ave NE, Columbia Heights	



Time to Start Planning For Summer

Looking for summer activities? Here are some ideas and resources:



Anoka County Parks – Special programs, summer camps and activities.
Call the info line at 763-767-2820 or <http://www.anokacountyparks.com>

Riedel Farm Estate
5100 East River Rd
Fridley, MN 55432
Phone: 763-571-7263

Banfill-Locke Art Center
6666 East River Rd
Fridley, MN 55432
Phone: 763-574-1850

Bunker Hills Activity Center
550 Bunker Lake Blvd.
Andover, MN 55304
Phone: 763-757-3920

Coon Rapids Dam
9750 Egret Blvd
Coon Rapids MN 55433
Phone: 763-757-4700

Wargo Nature Center
7701 Main St
Centerville MN 55038
Phone: 651-429-8007

University of Minnesota St. Paul – Youth 5 to 15 years can choose from sports, academics and other activities taught by trained university students with a 6:1 ratio, 612-625-2242 or <http://www.recsports.umn.edu/youth>

American Camping Association – The camp resource for families! <http://www.acacamps.org>

YMCA Camp – YMCA offers day camp and summer childcare. <http://www.ymcatwincities.org>





AnokAccess to Jobs Program

Do you have a job but no way to get there? If so, the new AnokAccess to Jobs program can help!

If you don't have a car or live along a bus route, then AnokAccess is for you. We can provide free rides to work or to the Workforce Center to job search.

Standing orders for up to three months of rides can be arranged with the Anoka County Traveler's Dial-A-Ride system.

Flexible ride schedules are available, depending on where you live and work in Anoka County. The bus will even make a stop if you need to drop children at daycare! If this sounds good to you, talk to your DWP/MFIP employment counselor to find out more about this great program!

Career Clothing Closet

- ▶ Are you looking for a job?
- ▶ Do you need professional clothing?
- ▶ Do you have an interview?
- ▶ Are you starting a new job?



Visit the Workforce Center Clothes Closet.

Maybe they can help. The closet is stocked with most sizes. If you use DWP/MFIP or Workforce Center services, check us out. Ask your worker or job counselor to learn more.



Minnesota Workforce Center Anoka County

offers many free services

Hours: 8:00 - 4:30

Monday through Friday

Open Every Tuesday Evening until 6:30 PM

763-783-4800

<http://www.mnworkforcecenter.org/anoka/index.html>

Need Help?

- Finding a job?
- Putting together a job search plan?
- Planning your career?

We're here to help with your work needs. You can use our computers to help with your job and career activities.

- Use Minnesota's Job Bank. Minnesota's Job Bank has local, statewide, and nationwide job listings.
- Access the Internet.
- Word Processing programs.
- Computerized help to learn how to type, or to improve your typing.
- Job Search and Career Workshops.
- Information on schools and training.
- Resume and cover letter help.
- Free faxing and copying.

CEAP Clothing Closet

Open: Monday, Wednesday, Friday

9:00-11:30 AM and 1:00-3:30 PM

6480 78th Ave N, Brooklyn Park

763-566-9600

CEAP's Clothing Closet provides free clothing to Minnesota residents in need. You must show a valid picture ID to be allowed to shop. Shoppers are allowed to visit the Closet twice a month.



Are you a working parent? Do you live in Mounds View, New Brighton, Anoka County, or Northwest Hennepin County? If you can't qualify for a loan to purchase or repair your car at standard rates, the CEAP Ways to Work Loan Program might be right for you.

Call the CEAP Loan Coordinator at 763-566-9600.

Having a safe and dependable car is important. It can make a major difference in maximizing your employment options and your ability to provide for your family. Call to find out more.

Dollars into \$ense

Free 1.5 hour class

June 16, 2009

July 21, 2009

August 18, 2009

Basics of Developing a Savings/Spending Plan



10:00 AM: Bunker Hills Activity Center,

550 Bunker Lake Blvd NW, Andover

7:00 PM: Anoka County Library-Blaine,

County Road 10 NE, Blaine

Twice Nice

ACCAP Twice Nice Thrift Store provides the community with quality, low-cost/previously used clothing, dishes, household items, toys, linens, books, and more! The community is invited to stop in and see what we have to offer.

Store Hours:

Tuesday through Friday 10:00 AM to 7:00 PM

Saturday 10:00 AM – 6:00 PM

Location: 11716 Jefferson Street NE in Blaine, MN

Phone: 763-754-0935



FURNITURE & HOUSEWARES

In need of furniture? We may be able to help. Need to be an Anoka County resident, meet income guidelines and be able to transport furniture. **763-783-4747**

Child Care Assistance

Child Care Assistance (CCA) provides subsidies to help pay for a family's child care costs. It is a sliding fee program. Families must be income eligible and need child care so that parents can work, attend school or job search. The children must be under the age of 13 (15 years old if the child has a special need), and all parents of the children in the home must be in an approved activity. Families interested in receiving any form of Child Care Assistance can be screened for the program by calling **763-717-7711**.



- ▶ Special Supplemental Nutritional Program for low income pregnant, breastfeeding, and postpartum women, and children under age 5.
- ▶ Provides nutrition education and counseling.
- ▶ Provides vouchers for healthy foods such as milk, cheese, juice, iron fortified formulas and more.

**CALL TO APPLY
763-422-7055**



Newborn Clothes

Birthright
763-757-0715

Maternity/Baby Clothes

First Care Pregnancy Center
763-323-3435



BACK TO SCHOOL

What is the School Lunch Program?

It is a program that pays for all or part of the cost of lunches for children at school.

Who can get free or reduced-price lunches from the School Lunch Program?

All foster children, and if your family is getting help from Food Support (stamps), or MFIP. Otherwise, your family has to have an income below the limits to get help. Some families can get free lunches, and others can get a reduced (lower) price on their lunches.

If I already get Food Support, MFIP, or if I have a foster child, do I have to apply to get help?

Maybe. If you are on these programs, you may get a letter in August that says you are already going to get free meals. If you don't get a letter, you will have to apply to get help.

Where do I go to get an application?

You can pick one up in the office at your child's school. It is called the "Application for Educational Benefits". The application is available in English, Spanish, Hmong, Somali, Khmer (Cambodian), Laotian, Vietnamese, and Russian.

Anoka-Hennepin Early Childhood Family Education

ECFE Family Playtime

Stop by one of our classrooms to:

- ★ Have fun with your child.
- ★ Make new friends.
- ★ Meet other parents.
- ★ Do activities together.

Fees: \$2 per child or \$5 per family.

Registration is not necessary.

Call **763-506-1275** for specific days and times.

All parents remain with their children and are responsible for their children's safety and behavior.



ECFE Home Visiting

The ECFE program offers home visits to families with children ages birth to kindergarten.

A licensed Family Educator will come to your home for one hour. They will talk with you about:

- ★ How children grow.
- ★ Being a parent.
- ★ Community help.
- ★ Learning through play.

Home visits are free of charge.

Call Deon at **763-433-4558** for more information.



Anoka County Head Start Preschool

Head Start is available throughout Anoka County. This program is for lower income families with children up to age five. There is no cost to families. Families on County Assistance (MFIP) and Supplemental Social Security are eligible. Foster children are eligible for Head Start.



To request an application call 763-783-4300

TTY: 763-783-4724 Spanish Line 763-783-4390

Anoka County Head Start Center Locations

Anoka, Cedar, Coon Rapids, Columbia Heights

Anoka County Food Shelves

ACBC (No Appointment Needed) .. **763-422-0046**
 2615 9th Avenue North
 Anoka , MN 55303
 12-3 PM, Monday and Wednesday
 6:30-8:30 PM, Tuesday and Thursday
 Serving Coon Rapids, Anoka, Ramsey, Andover,
 Oak Grove and Burns Townships
 (***Clothing also available***)

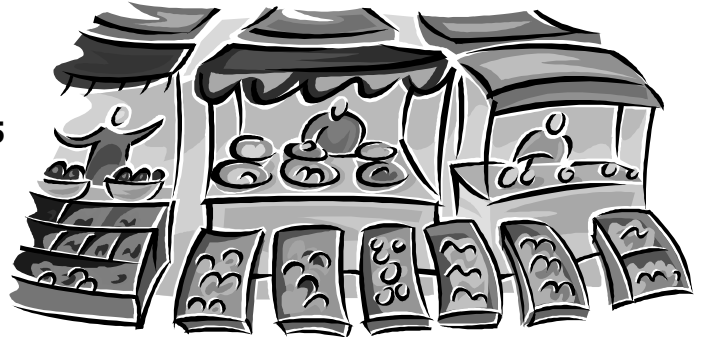
CEAP (By Appointment Only) **763-783-4930**
 1201 89th Avenue NE, Suite 130
 Blaine, MN 55434
 8:00 AM - 4:30 PM Monday - Friday
 Serving all of Anoka County

CENTENNIAL COMMUNITY FOOD SHELF
 (in Our Savior's Lutheran Church)
 (No Appointment Needed) **763-784-1971**
 9185 Lexington Avenue N
 Circle Pines, MN 55014
 9:00-11:30 AM, 4th Saturday each month
 4:00-6:00 PM Monday and Thursday
 Serving Lexington, Circle Pines, Lino Lakes,
 East Blaine, City of Centerville

LINWOOD COMMUNITY FOOD SHELF
 (By Appointment Only) **651-462-5565**
 22817 Typo Creek Drive NE
 Stacy, MN 55079
 8 AM - 12 Noon, Monday, Wednesday and Friday
 Serving Linwood Township

N.A.C.E., INC.
(NORTH ANOKA COUNTY EMERGENCY FOOD SHELF, INC.)
 (No Appointment Needed) **763-434-7685**
 18600 Ulysses Street NE... FAX: 763-434-3195
 East Bethel, MN 55011
 1-4:30 PM, Wednesdays
 Serving East Bethel, Bethel, St. Francis, Ham Lake, Cedar, Soderville, Andover, and Oak Grove.
 (Special Holiday distributions)

SACA (By Appointment Only) .. **763-789-2444**
 627 38th Avenue NE
 Columbia Heights , MN 55421
 7 AM-3 PM Monday thru Friday
 Serving Columbia Heights, Hilltop, Fridley and Spring Lake Park



FARE F R ALL

Offers food packages to families looking to stretch their food purchasing power. Each month, participants pay \$17.00 and receive \$40.00 worth of quality fruits, vegetables and meats. Last year, this program distributed 790,000 pounds of food to 85,000 people.

State	County	Zip	City	Site Name
MN	Anoka	55014	Lino Lakes	Saturday 7:00 - 9:30 A.M. St. Joseph's Catholic Church 171 Elm Street Fare For All 1-800-582-4291
MN	Anoka	55433	Coon Rapids	Saturday 8:00 - 10:00 A.M. Olive Branch Lutheran Church 2135 Northdale Blvd. Fare For All - 763-450-3880



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The Family Table Meal/Community Meals
Now being served at these Anoka area churches:



EVERY Wednesday

Mount Olive Lutheran Church
 700 Western Street
 Anoka MN 55303
 Phone: 763-421-3223

FIRST Thursday

Faith Lutheran Church
 11115 Hanson Blvd NW
 Coon Rapids MN 55433
 Phone: 763-755-3530

THIRD Thursday

Olive branch Lutheran Church
 2135 Northdale Blvd NW
 Coon Rapids MN 55433
 Phone: 763-755-2663
 Meal Time: 5:30 to 6:30 p.m.

SECOND Friday

Glen Cary Lutheran Church
 1553 Central Avenue NE
 Ham Lake MN 55304
 Phone: 763-434-9688

FIRST Saturday

Zion Lutheran Church
 1601 4th Avenue South
 Anoka MN 55303
 Phone: 763-421-4656

SECOND Saturday

Advent Lutheran Church
 540 East River Road
 Anoka MN 55303
 Phone: 763-421-8990

THIRD Saturday

St. Stephen's Catholic Church
 525 Jackson Street
 Anoka MN 55303
 Phone: 763-421-2471

FOURTH Saturday

Peace Lutheran Church
 20 Northdale Blvd
 Coon Rapids MN
 Phone: 763-757-1462
 Meal Time: 5:00-6:00 PM

LAST Saturday

Trinity Episcopal Church
 1415 6th Avenue South
 Anoka MN 55303
 Phone: 763-421-1196

August 22, 2009

United Methodist Church
 850 South Street
 Anoka MN 55303
 Phone: 763-421-2378

THIRD Sunday

5:30 to 7:00 p.m.
 Grace Lutheran Church
 13655 Round Lake Blvd NW
 Andover MN 55304
 Phone: 763-421-6520

YOU ARE WELCOME TO ATTEND ALL MEALS FROM 5:30 –
 7:00 pm EACH MONTH (except where otherwise noted)!

FREE! Everyone is welcome!!!

Mothers and Children Program
(MAC)

Nutrition Assistance Program for
Seniors (NAPS)

MAC is a free food program for:

- ▶ Children up to age 6
- ▶ Pregnant women/women who have had a baby within the last year (breastfeeding or non-breastfeeding)

To qualify for MAC you must:

- ▶ Meet income guidelines
- ▶ Live in Minnesota
- ▶ Provide proof of age
- ▶ Not be receiving WIC (it's possible for one family member to receive MAC and another WIC, but the same person cannot receive both)

NAPS is a free food program for:

- ▶ Seniors 60 years or older
- ▶ Residents of the State of Minnesota
- ▶ Low income seniors who meet federal income guidelines

What food does the MAC & NAPS program distribute?

- ▶ Fruits, vegetables and juice
- ▶ Milk, cheese and egg mix
- ▶ Meat, dry beans and peanut butter
- ▶ Cereal and rice, instant potatoes and pasta
- ▶ Infant formula and infant cereal

June 17, 2009
July 15, 2009
August 19, 2009

Distributed at CEAP
 9:00 AM to 11:30 AM
 1201 89th Avenue NE, Blaine, MN

For more information call:
651-484-8241

St. Mary's Health Clinics

FREE HEALTH CARE

to those people who do not have:

- Health Insurance
- Medicare
- MinnesotaCare
- Medical Assistance (MA)

(Prenatal, mental health, and dental services are not available. Emergency trauma or critical care cannot be provided.) For eligibility information or to schedule an appointment:

651-690-7029.

Hours: Monday – Thursday: 8:30 AM to 3:30 PM
Friday: 8:30 AM - 12:30 PM



Healthy Start

... is a network of community partners working with parents to help families reach their full potential.

... follows families from pregnancy to kindergarten.

Who Can Enroll?

ALL families living in Anoka County who are:

- Expecting a baby
- Parenting a child under 12 months
- Parent(s) ages 21 or younger

No Income Guidelines

For more information, call **323-KIDS**
(763-323-5437)
TTY: **(763) 323-6166**



2009

Immunization Schedule

**ANOKA COUNTY
COMMUNITY HEALTH
& ENVIRONMENTAL SERVICES
IMMUNIZATION CLINIC SCHEDULE FOR
CHILDREN & ADULTS**

For more information about immunizations and clinics, call the Immunization Hotline at **763-323-6100**

Website:

<http://www.anokacounty.us/immunizations>



Need a Ride?

The Anoka County Volunteer Transportation Program provides rides to and from medical, dental and social services appointments.

This service is available to senior citizens (aged 60+) and clients of Anoka County. Passengers must be able to ride independently.

The program accepts donations. Suggested donations are \$3.00 for trips that stay within Anoka County and \$8.00 for trips outside of Anoka County.

You do not have to make a donation to get a ride. Call **422-7087**

Monday through Friday, 9:00 AM to 12:00 Noon to schedule a ride.

Rides are available Monday through Friday, 8:00 AM to 4:30 PM. Call at least 3-4 days in advance to give us time to call the drivers and make travel arrangements.



SENIOR CAREGIVER NETWORK
763-422-6960

The Senior Caregiver Network of Anoka County provides community access to Group Respite, Caregiver Support Groups, In-home Respite Support, Caregiver Education, Community Education, Resource Referral, and Health/Spiritual Connections. If you are caring for someone 55 and older and are in need of assistance please contact us.

<http://www.anokacounty.us/seniors>

Senior Outreach (ACCAP) - 763-783-4741

Senior Outreach Workers help seniors access programs and services to live independently in their own homes. Referrals include financial programs, home services, fuel assistance, help with forms. Call for further information. No fee.

Anoka County
Senior Information Line **763-783-4707**

This Anoka County information and assistance line can link older adults and their families to services and opportunities. Trained staff and volunteers man this free service and follow up with callers. Office hours are 8:00 a.m. to 4:00 p.m. weekdays.

For information outside Anoka County call 1-800-333-2433. No fee.



*Anoka County Human Services Division
Income Maintenance Department*

Anoka Office:

Government Center
2100 3rd Avenue South, 4th Floor
Anoka, MN 55303

Blaine Office:

1201 89th Avenue NE Ste 400
Blaine MN 55434

ANOKA COUNTY ON THE WEB:

[HTTP://WWW.ANOKACOUNTY.US](http://www.anokacounty.us)

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CURRENT RESIDENT OR

the **FREE Market** ^{or}
A great way to Give or Get free stuff



Save money, save the earth, make someone's day.

The Free Market is a listing service for residents who want to give or get free reusable goods for the home, garage and garden. It is part of an effort to reduce the amount of reusable goods being thrown away.

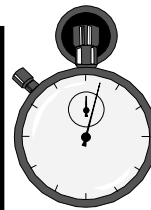
Please Note: The Twin Cities Free Market does not accept listings for live animals, plants, automobiles, motorcycles, services, firearms, child car seats, garage sales, items for sale, or items for trade. Thank you for your cooperation.

<http://www.twincitiesfreemarket.org>

Brought to you by:



Email: info@twincitiesfreemarket.org



Deadline!

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Assistant Editor: Erin Kunzman
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For more information on the programs mentioned, call the numbers provided in the articles.

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