



# Smoke-free Dining Guide



ANOKA COUNTY AREA

## Smoke-free Dining Guide

### Did you know...

- Secondhand smoke contains over 4,000 chemicals including eleven that are known to cause cancer in humans. Examples of cancer causing chemicals in cigarette smoke include arsenic, ammonia, lead, and benzene.
- Secondhand smoke is harmful and is one of the leading PREVENTABLE causes of death. It causes at least 38,000 deaths per year in NONSMOKERS; most of these deaths are from heart disease.
- People who work in restaurants and bars are exposed to 1-1/2 to 7 times as much secondhand smoke as people who work in office settings that ALLOW smoking.
- Secondhand smoke can cause:
  - > Increased risk of blood clots
  - > Decreased HDL ("Good" cholesterol) levels
  - > Increased risk and severity of heart attacks
  - > Lung cancer
  - > Middle ear infections in children
  - > Asthma
  - > Bronchitis
  - > Pneumonia
  - > Low birth weight babies
  - > SIDS
- Smoke-free environments improve people's health. Hospital admissions for heart attacks fell by 40% during the six months that a smoke-free workplaces law was in effect in Helena, Montana.
- Smoke-free environments discourage kids from ever starting. Adolescents who work in smoke-free places are 68% less likely to be smokers compared to those who work in places without smoking restrictions.
- Minnesotans are exposed to secondhand smoke
  - > More than 70% of high school students and more than 50% of middle school students said they were exposed to secondhand smoke at least once in the previous week (Minnesota Youth Tobacco Survey, 2002).
  - > 65% of adults reported exposure to secondhand smoke in the past seven days (MN Adult Tobacco Survey, 2003).

You can find out more about tobacco and secondhand smoke at the following websites:

[American Cancer Society\\*](http://www.cancer.org)

[www.cancer.org](http://www.cancer.org)

[American Heart Association\\*](http://www.americanheart.org)

[www.americanheart.org](http://www.americanheart.org)

[American Lung Association\\*](http://www.lungusa.org)

[www.lungusa.org](http://www.lungusa.org)

[Minnesota Department of Health](http://www.health.state.mn.us/divs/hpcd/tpc/)

[www.health.state.mn.us/divs/hpcd/tpc/](http://www.health.state.mn.us/divs/hpcd/tpc/)

\*enter search for "secondhand smoke"



Anoka County Community Health and Environmental Services  
2100 Third Avenue  
Anoka, MN 55303  
763-422-7282

### Smoke-free Dining Guide

You can take steps to improve your health and the health of those around you by eliminating exposure to harmful tobacco smoke in your home, office and community.

Please patronize these establishments and thank them for being smoke free.

#### To be listed in the Anoka County Smoke-Free Dining Guide:

- The inside area of the entire establishment must be 100% smoke-free at all times.

Many establishments have become smoke-free due to customer demand. Tell the management that you prefer smoke-free dining.

If you know of smoke-free establishments in Anoka County that are not in this guide, please call 763-422-7282. We will be pleased to include it in future publications.

Nationwide, all Baker's Square, Blimpie Subs and Salads, Chuck-E-Cheese, Pizza Hut, Dunkin Donuts, Leann Chin, Starbucks, KFC, Taco Bell, Long John Silvers, and A&W locations are smoke-free.

#### ANDOVER

Andover Lanes  
13633 Martin St  
763-754-8000

Big Bite Pizza  
13656 Crosstown Blvd  
763-754-9999

Chanticlear Pizza  
1573 154th Ave NW  
763-434-6554

Figaro's Pizza  
2280 Bunker Lake Blvd NW  
763-755-1910

Mansetti's Pizza & Pasta  
3675 Round Lake Blvd NW  
763-427-8620

McDonald's  
15232 Bluebird St NW  
763-434-3137

McDonald's  
13731 Round Lake Blvd NW  
763-323-4727

Panda Garden Buffet  
13735 Round Lake Blvd  
763-421-6435

Papa Murphy's Pizza  
15190 Bluebird St NW  
763-434-3787

Quizno's  
2244 Bunker Lake Blvd  
763-767-5511

State of Bean Coffeehouse  
1573 157th Ave NW, #101  
763-434-2326

Subway  
1572 154th Ave NW  
763-421-1983

#### ANOKA

Avant Garden  
215 East Main St  
763-421-5036

Big Apple Bagel  
229 East Main St  
763-323-3321

Caribou Coffee  
3507 Round Lake Blvd  
763-421-4811

Cornerstone Deli and Catering  
300 East Main Street  
763-422-4088

Culver's  
800 West Main St  
763-323-6566

Dairy Queen  
424 West Main St  
763-421-3892

Dairy Queen  
3511 Round Lake Blvd NW  
763-421-8271

Dunn Bros Coffee  
3841 St. Francis Blvd  
763-323-6655

G's Café  
222 E Main St  
763-421-0059

Hardees  
703 Main St  
763-421-1158

King's Wok  
650 East Main St  
763-323-7737

Main Street Central Perk & Ice Cream  
207 Main St  
763-427-7266

McDonald's  
720 West Main St  
763-427-8650

Nhongs Roast Beef & Stir Fry  
3710 7th Ave  
763-422-0040

Subway  
228 East Main St  
763-421-3222

Subway  
3631 Round Lake Blvd  
763-421-1983

Wendy's  
480 Industry Ave  
763-576-8108

#### BLAINE

ACR Subway in Walmart  
4405 Pheasant Ridge Dr  
763-784-7220

Arby's  
4260 Pheasant Ridge Dr NE  
763-398-0300

Arby's  
619 Highway 10 NE  
763-784-2110

Barnes & Noble Café  
710 Highway 10 NE  
763-786-0686

Blaine Pizza Man  
10559 University Ave NE  
763-754-5563

Burger King  
10861 University Ave NE  
763-755-6977

Burger King  
12309 Central Ave NE  
763-757-2140

Burger King  
590 Northtown Dr  
763-786-8581

Camilles Café  
1450 109th Ave NE  
763-792-9149

Caribou Coffee  
4345 Pheasant Ridge Dr  
763-784-0677

Caribou Coffee  
8601 Spring Brook Dr NE  
763-717-3539

Carol's Restaurant  
11888 Aberdeen St NE  
763-757-9700

Chanticlear Pizza  
914 125th Lane NE  
763-754-0800

Chipotle Mexican Grill  
10450 Baltimore St NE  
763-780-3138

Cold Stone Creamery  
10400 Baltimore St, Ste 150  
763-784-3630

Cold Stone Creamery  
4355 Pheasant Ridge Dr, Ste 120  
763-795-0333

Culver's  
10550 Baltimore St  
763-784-8599

Dairy Queen  
12721 Central Ave NE  
763-755-8600

Dairy Queen  
8528 Central Ave NE  
763-784-2160

Figaro's Pizza  
10400 Baltimore St, Ste 160  
763-398-6800

Joey's Only Seafood Restaurant  
Village Shopping Center  
763-785-0110

Mansetti's Pizza and Pasta  
10950 Club West Parkway  
763-780-9830

Marble Slab Creamery  
1450 109th Ave NE, #100  
763-786-4601

McDonald's  
10270 Baltimore St NE  
763-792-9495

McDonald's  
12401 Ulysses St NE  
763-755-2660

Mei Wei Restaurant  
10950 Club West Parkway, #140  
763-784-1101

Mocha Linis  
12517 Central Ave NE  
763-862-3771

Neptune Eatery & Take Out  
2330 Cloud Dr  
763-754-5628

Northern Espresso Café  
10950 Club West Parkway  
763-784-1291

Northtown Dairy Queen  
557 Northtown Drive  
763-780-4499

Organica  
4000 Pheasant Ridge Dr  
763-783-4000

Panera Bread  
8601 Spring Brook Dr NE  
763-259-0046

Papa John's Pizza  
12547 Highway 65  
763-862-7272

Papa Murphy's Take 'N' Bake  
12421 Ulysses St  
763-862-6031

Quizno's Subs  
12429 Ulysses St  
763-772-0712

Quizno's Subs  
4365 Pheasant Ridge Dr  
763-398-0188

Sbarro - Italian Eatery  
548 Northtown Dr NE  
763-785-1562

Subway  
10601 University Ave NE  
763-757-3889

Subway  
12410 Aberdeen St  
763-757-9711

Subway  
12471 Central Ave NE  
763-757-9711

Taco John's  
515 Northtown Dr  
763-784-9302

Taco John's  
12470 NE Highway 65  
763-754-3723

Umbria Pizzeria  
1250 126th Ave  
763-767-6336

Wendy's  
1440 109th Ave NE  
763-786-8600

Wendy's  
4460 Pheasant Ridge Dr  
763-780-1964

White Castle  
9330 Baltimore St NE  
763-784-5123

Wing Joint  
10603 University Ave NE  
763-755-3735

Zantigo  
4335 Pheasant Ridge Dr  
763-785-0110

#### CENTERVILLE

Asian-to-go  
1857 Main St  
(651) 762-8646

Carbone's Pizza  
1861 Main St  
(651) 653-7755

Circle Pines  
Apple Garden  
2D South Pine Dr  
763-792-9338

Domino's  
9370 Lexington Ave  
763-786-7864

Hometown Pizza  
9201 Lexington Ave  
763-786-8686

Matthew's  
2 N S Pine Drive  
763-784-1499

McDonald's  
One Central St  
763-780-3937

Pizza Hut  
1 South Pine Dr  
763-780-9540

Subway  
9330 Lexington Ave  
763-786-9109

#### COLUMBIA HEIGHTS

Arby's  
4707 Central Ave NE  
763-572-8804

Asia Chow Mein  
4905 Central Ave NE  
763-571-4425

Cousin's Subs  
4621 Central Ave NE  
763-571-0770

Dairy Queen  
3959 Central Ave NE  
763-781-7856

Great Moon Buffet  
9330 Lexington Ave  
763-789-4520

Hometown Diner  
4022 Central Ave NE  
763-782-9678

McDonald's  
4605 Central Ave NE  
763-571-7416

Papa John's Pizza  
5098 Central Ave NE  
763-571-8382

Pizza Magic  
4353 Central Ave NE  
763-788-3610

Puerta Del Sol  
3800 Central Ave NE  
763-788-3114

Subway  
4757 Central Ave NE  
763-571-7110

Udupi Café  
5060 Central Ave NE  
763-574-1113

Wendy's  
5050 Central Ave NE  
763-751-4611

White Castle  
5055 Central Ave NE  
763-571-4581

#### COON RAPIDS

Arby's  
2820 Coon Rapids Blvd NW  
763-421-0156

Arby's  
3385 124th Ave NW  
763-427-2138

Borders Books  
3577 River Rapids Dr  
763-755-7550

Burger King  
13005 Riverdale Dr NW  
763-421-0029

Burger King  
2025 Northdale Blvd  
763-754-1058

Canyon Grille  
3490 Northdale Blvd  
763-323-9100

Caribou Coffee  
3540 Main Street NW  
763-323-8232

Chanticlear Pizza  
2835 Northdale Blvd  
763-757-2191

Chipotle Mexican Grill  
3455 River Rapids Drive  
763-421-3455

Coldstone Creamery  
3461 River Rapids Dr  
763-427-8816

Coon Rapids Pizza Pub  
3053 Coon Rapids Blvd  
763-506-0333

Culver's  
611 Coon Rapids Blvd  
763-780-9585

Dairy Queen  
3064 Coon Rapids Blvd NW  
763-427-2230

Denny's  
3565 Northdale Blvd  
763-421-3939

Dino's Gyros  
3180 Northdale Blvd  
763-422-2003

Fuddruckers  
8955 Springbrook Road  
763-780-2909

Grand Slam Sports  
2941 Coon Rapids Blvd NW  
763-427-1959

Linwood Pizza  
21 121st Ave NW  
763-767-0363

Mandarin Buffet  
3390 124th Ave  
763-323-3933

McDonald's  
11364 Foley Blvd NW  
763-755-2149

McDonald's  
13020 Riverdale Dr NW  
763-576-8033

McDonald's  
3080 Coon Rapids Blvd NW  
763-427-9650

Mercy Hospital Café & Coffee  
4050 Coon Rapids Blvd NW  
763-421-8888

Mia's Pizza  
12065 Hanson Blvd NW  
763-754-5777

New King Buffet II  
3071 Coon Rapids Blvd  
763-323-9690

Noodles and Company  
3479 River Rapids Dr  
763-427-8666

Old Country Buffet  
3580 Main St  
763-421-2126

Panera Bread  
12465 Riverdale Blvd NW  
763-421-1200

Papa John's Pizza  
13055 Riverdale Dr NW  
763-421-4190

Papa Murphy's Take "N" Bake  
Pizza  
3548 Main St NW  
763-421-2212

Pizza Flame  
2016 105th Lane NW  
763-757-5100

Quizno's Subs  
3473 River Rapids Dr  
763-506-0900

Sammy's Pizza & Restaurant  
445 99th Ave NW  
763-786-8400

Subway  
2026 Northdale Blvd NW  
763-754-2728

Subway  
3381 Coon Rapids Blvd NW  
763-421-4520

Target  
3300 124th Ave NW  
763-323-2931

Target  
8600 Springbrook Drive  
763-785-0322

Wah Tsun Chow Mein  
506 Northdale Blvd NW  
763-755-2820

Wendy's  
12999 Round Lake Blvd  
763-421-0002

Wendy's  
8780 University Ave NW  
763-786-8826

Zebra Pizza  
11468 Martin St. NW  
763-755-0590

#### EAST BETHEL

Big Daddy's Pizza  
18355 Highway 65 NE  
763-434-1118

Subway  
23705 Highway 65 NE  
763-413-8844

#### FRIDLEY

Burger King  
289 57th Ave NE  
763-502-6987

Chanticlear Pizza  
1262 E Moore Lake Dr  
763-571-9595

Dairy Queen  
225 Osborne Rd NE  
763-571-5080

Dunn Bros Coffee  
7610 University Ave  
763-571-2210

Godfather's Pizza  
7910 University Ave NE  
763-786-6620

Hong Kong Kitchen  
6562 University Ave NE  
763-571-0600

McDonald's  
244 57th Ave NE  
763-5720751

McDonald's  
13020 Riverdale Dr NW  
763-780-9611

Mojo's Pizza  
6522 University Ave NE  
763-572-8500

Old Country Buffet #2  
6540 University Ave NE  
763-572-8627

Papa Murphy's Pizza  
205 57th Ave NE  
763-572-2300

Pizza Flame  
317 Osborne Rd  
763-786-7772

Quizno's Subs  
7610 University Ave NE  
763-502-0500

Subway  
1091 East Moore Lake Dr  
763-571-1972

Target Snack  
755 53rd Ave NE  
763-571-9361

Unity Hospital Cafeteria  
550 Osborne Rd  
763-421-2222

Wendy's  
7601 Highway 65  
763-783-1894

Zantigo  
255 57th Ave NE  
763-586-1044

#### HAM LAKE

Burger King  
1536 175th Lane NE  
763-434-5242

Dairy Queen  
17650 Highway 65 NE  
763-434-3400

Domino's Pizza  
17565 Central Ave NE  
763-434-4300

Mansetti's Pizza & Pasta  
16220 Aberdeen St NE  
763-434-1515

Subway  
17565 Central Ave NE  
763-434-7827

#### HILLTOP

Los Cabos  
835 45th Ave NE  
763-571-7785

#### LEXINGTON

Carbone's Pizza  
9200 Lexington Ave  
763-786-1113

Dairy Queen  
4131 Woodland Rd  
763-786-4663

Papa Murphy's Pizza  
9310 Lexington Ave  
763-785-0939

Subway  
9330 Lexington Ave  
763-786-9109

#### LINO LAKES

Caribou Coffee  
730 Apollo Dr  
651-784-2214

Chanticlear Pizza  
7771 Lake Dr  
651-786-7022

Cuppajo's Espresso Café  
6505 Ware Rd  
651-494-5599

Dairy Queen Grill and Chill  
625 Apollo Dr  
651-255-2502

Dairy Queen Brazier  
2110 Northern Lights Blvd  
651-426-6310

Mansetti's Pizza & Pasta  
6511 Ware Rd  
651-481-1000

McDonalds  
610 Apollo Dr  
763-398-0323

Pablans  
730 Apollo Dr  
763-784-5100

Red Oak Steaks & Wine  
566 Lilac St  
651-294-0007

Subway  
730 Apollo Dr  
651-784-2260

Subway  
7997 Lake Dr  
651-784-0760

#### OAK GROVE

The Refuge Golf Course  
Clubhouse  
21250 Yellow Pine St NW  
763-753-8383

#### RAMSEY

Burger King  
7205 Highway 10  
763-433-0546

China Gate  
14017 St. Francis Blvd NW  
763-323-8333

Domino's Pizza  
6014 167th Ave NW  
763-753-3200

Links at Northfork  
9333 Alpine Dr NW  
763-241-0506

Mansetti's Pizza & Pasta  
6415 Highway 10, #120  
763-433-2882

Quizno's  
6415 State Highway 10  
763-421-2003

Subway  
7876 Sunwood Dr  
763-421-3082

Subway  
14057 St. Francis Blvd NW  
763-427-3035

#### SPRING LAKE PARK

Global Grounds  
8188 Highway 65 NE  
763-792-0880

Hopes Chinese Restaurant  
8200 Highway 65 NE  
763-780-1918

Keys Café  
8299 University Ave NE  
763-785-6004

Lot